

## **Weeks Schedule Francis Howell Wrestling Dec 12<sup>th</sup> - Dec 18<sup>th</sup>**

**12/ 12 Monday-** All levels- practice 2:45- 5:30pm at Francis Howell High, Challenge matches

**Parent meeting at 6pm in C building for all parents of kids going to Lee Summit**

**12/ 13 Tuesday-** All levels- practice 2:45-5pm at Francis Howell High

**12/ 14 Wednesday-** All levels the bus's leave at 4pm, weighs are 5pm and wrestling starts at 6pm. All wrestlers will get 1lb.

Varsity is at Troy  
1190 Old Crap- Au-Gris Road  
Troy, MO 633079

JV and Freshman are at Holt high School  
600 Campus Drive  
Wentzville, MO 63385

**Thursday-** All levels practice 3:45- 5pm

**Friday- Freshman and Jv off, go home and study**

Varsity leaves for Lee Summit at 9am after 1<sup>st</sup> hour final, meet by weight room. Bring pillow and blanket for the ride and a little meal money. There is no bus home.

**Weigh Ins** 3pm Friday wrestling starts 5pm to 5:30  
8am Saturday wrestling starts at 9am

Contact Coach Stroh 314-374-7941 or Coach Locke 636-485-1618

Lee Summit High School  
400 SE Blue Parkway  
Lee Summit, MO 64046

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