

Post Season Point Scale Starting March 7st through August 1st

1. Team Missouri Membership/ Purler Membership	50 pts.
2. Weightlifting (each workout) must be signed in	10 pts.
3. Wrestling practice must be signed in	10 pts.
4. Tournaments (each tournament)	20 pts.
Addition points for placing	(1) 5 pts.
	(2) 3 pts.
	(3) 1 pts.
5. State Freestyle/ Greco Roman Tournament	30 pts.
6. Place in Regional Tournament	200pts.
7. Place in National Tournament	500pts.
8. Summer Camps	
Progressive camp June 6-9	150pts
Mizzou Camp June 17-21	150pts
Any other camp	150pts
9. Spring Sport	50 pts.

The point scale above counts for you individually and towards your team. The top 2 individual point totals will be captains with the coaches picking the other 2. Anyone who achieves over 1000 points will be considered a Extreme Viking and will get clothing exclusive to being part of the club. As well the team who gets the most points will get a steak dinner at Coach Stroh's House. The top point getter will also be recognized on a plaque as the first ever extreme Viking which will be hung in the wrestling room.